

QUESADILLAS

\$10.95

GRILLED VEGETABLES with Melted Cheddar & Pepper Jack Cheese, with a Side of Chipotle Sauce with either

- #30 – Grilled London Broil
- #31 – Grilled Chicken
- #32 – Extra Grilled Vegetables

BURRITOS

\$11.95

TEXAS STYLE RICE with Melted Cheddar & Pepper Jack Cheese, with a Side of Chipotle Sauce with either

- #35 – Grilled London Broil
- #36 – Grilled Chicken
- #37 – Grilled Vegetables

GRILLED DELUXE BURGERS

with Fries. Choice of Cheese, Lettuce, Tomato and Pickle Chips

PRIME BEEF.....	\$13.95
TURKEY (All White Meat)	\$13.95
CHICKEN (All White Meat)	\$13.95

MUNCHIES

FRENCH FRIES	\$3.95	BUFFALO WINGS.....	\$9.95
with Melted Cheese +\$2.00		MOZZARELLA STICKS	\$5.95
ITALIAN CHICKEN FINGERS	\$8.95	MINI SPINACH PASTRY	\$7.95
COCKTAIL FRANKS	\$8.95	DOUBLE BATTERED	
ONION RINGS.....	\$4.95	CHICKEN FINGERS	\$8.95

COMBOS

BUFFALO WINGS & FRIES	\$9.95	DOUBLE BATTERED	
CHICKEN FINGERS & FRIES	\$9.95	CHICKEN FINGERS & FRIES	\$9.95

PASTA BOWLS

WHOLE WHEAT ROTINI with Grilled Chicken	\$11.99
PENNE with Fresh Mozzarella & Grape Tomatoes	\$9.99
FARFALLE with Baby Spinach & Grape Tomatoes	\$9.99
SESAME NOODLES	\$8.99
ORECCHIETTE PASTA with Broccoli Rabe & Sausage.....	\$11.99

PREPARED HOT MEALS

CHICKEN PARMIGIANA over Baked Ziti	\$12.99
CHICKEN PARMIGIANA ALA VODKA over Penne Pasta.....	\$12.99
CHICKEN & VEGETABLE TERIYAKI with Rice Pilaf.....	\$11.99
MEATLOAF with Whipped Potatoes & String Beans	\$11.99
ROASTED TURKEY with Sweet Potatoes & Vegetables	\$11.99
SWEDISH MEATBALLS with Noodles	\$11.99
CAPPELLINI with Meat Sauce	\$11.99
SAUSAGE & PEPPERS with Rice Pilaf	\$11.99
SHEPHERD'S PIE	\$11.99
MAC & CHEESE	\$11.99
PENNE ALLA VODKA.....	\$10.99
ZITI with Meatballs.....	\$11.99
CHEESE RAVIOLI	\$10.99
EGGPLANT ROLLATINI.....	\$11.99
STUFFED SHELLS	\$10.99
CHICKEN FRANCAIS with Rice Pilaf.....	\$12.99

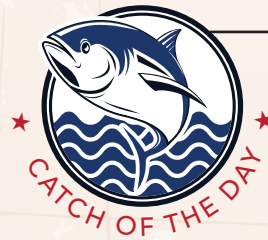
HOMEMADE SOUPS

\$5.99 – \$7.99 Pint

CHICKEN
BEEF BARLEY
MINESTRONE
LOBSTER BISQUE

POTATO VEGETABLE
PASTA FAGIOLI
POTATO LEEK
TOMATO BISQUE
N.E. CLAM CHOWDER

SPLIT PEA
LENTIL
CHILI
CORN CHOWDER



CRAB CAKES
FLOUNDER
FILET OF SOLE

LOBSTER SALAD
OCTOPUS SALAD
SALMON

SHRIMP
SHRIMP SALAD
SEAFOOD SALAD

Our fish is delivered fresh and prepared daily.
So please call to verify availability & price.

HOUSE SPECIALTIES

QUICHE

Broccoli, Ham, Spinach, Cheese,
Asparagus, Crabmeat, Bacon or
Mushroom

ZUCCHINI PIE

Zucchini Baked with Fresh Mint,
Cheddar & Parmigiana Cheese

WHOLE ROTISSERIE - Bell & Evans
CHICKEN.....

BBQ PORK RIBS.....

DELUXE SPINACH PASTRY
(Spanakopita)

FRUIT

Fresh Fruit Salad - Our Specialty!	\$5.99 lb
Cantaloupe	
Sliced & Skinned	\$4.99 lb
Chunks	\$5.99 lb
Honey Dew	
Sliced & Skinned	\$4.99 lb
Chunks	\$5.99 lb
Watermelon Slices.....	\$2.69 lb
Chunks	\$4.99 lb
Pineapple	
Delmonte Golden Sliced	\$7.99 ea
Chunks	\$7.99 lb
Papaya	
Sliced & Skinned	\$5.39 lb
Strawberries Sliced	\$7.99 lb
Mango Chunks	\$7.99 lb

STARTERS / FINISHERS

Butter Rolls.....

Bagels (Buttered or Cream Cheese)..

Peanut Butter & Jelly

Jumbo Homemade Muffins....

Blueberry, Corn, Bran, Bran Raisin,
Oat Bran & Cranberry

Yogurt Muffins

Cappuccino, Blueberry, Berry Blast, Banana
Chocolate Chip, Chocolate Marble, Chocolate
Chocolate, Vanilla Chip, Black & White

Tasty Tea Scones.....

Blueberry, Cranberry & Chocolate Chip

Homemade Brownies.....

Yogurts

(Dannon or Stonyfields)

Black & White Cookies

Carrot Cake

Rice Pudding.....

Tiramisu.....

Chocolate Mousse

Pudding

Yogurt Parfait w/ Organic Granola
& Fresh Fruit

Yogurt Loaf Slices

Assorted Varieties by the Slice

Fresh Fruit

An Apple a Day Keeps the Doctor Away!
So do Peaches, Plums, Pears, Nectarines,
Bananas & Grapes. Guaranteed Top Quality.

Chips & Pretzels

Fat Free, Low Salt or Plain. Frito-Lay, Wise &
Specialty Products. Ask, We Probably Have It.

Ice Cream

H.D. Ice Cream Cups & Ice Cream Bars,
Ice Cream Sundaes, & Much More.

Beverages

We Carry Vitamin Water, Snapple,
Gatorade, Coca Cola & Much More.



FAMILY
MARKET
QUALITY FOODS

FREE
LOCAL
DELIVERY

DAILY
LUNCH
SPECIALS



www.baysidemilkfarm.com



EGG SANDWICH / PLATE

2 Jumbo Eggs	\$5.00
2 Jumbo Eggs with Cheese.....	\$5.50
2 Jumbo Eggs with Bacon	\$6.00
2 Jumbo Eggs with cheese + 1 Choice.....	\$6.50
Bacon • Sausage • Ham • Baby Spinach • Turkey 2 Choices.....	\$7.50

ADDITIONAL:

Avocado + \$2 Feta + \$2 Grilled Steak + \$3.00

SUBSTITUTE:

3 Jumbo Egg Whites	+ \$1.00
Each Additional Jumbo Egg	+ .50
Bagel.....	+ \$1.00
Croissant	+ \$1.50

ALSO AVAILABLE:

Pancakes (5) with Syrup	\$5.00
Hash Browns	\$1.00

“We use only the Finest & Freshest Ingredients”
Serving Bayside for over 40 Years!

35-15 Bell Blvd. • Bayside, NY 11361

718.225.0050

Fax: 718.279.2702



Prices are subject to change

 SALADS

- #1 **NAPA VALLEY** *Boston Lettuce with Walnuts, Dry Cranberries & Gorgonzola Cheese with White Balsamic* \$9.95
- #2 **SESAME CHICKEN** *Mandarin Oranges, Mesclun Greens & Ginger Vinaigrette* \$10.95
- #3 **GRILLED CHICKEN** *over Tossed Salad or Spinach Salad* \$10.95
- #4 **GREEK SALAD** *with Feta Cheese & Kalamata Olives*..... \$9.95
- #5 **GRILLED CHICKEN CAESAR** \$10.95
- #6 **GRILLED SHRIMP CAESAR** *(6) pieces*..... \$12.95
- #7 **CHEF SALAD** *Ham, Turkey, Boiled Eggs, Cheddar Cheese & Bacon with Tossed Salad* \$10.95
- #8 **GRILLED PORTOBELLO** *over Tossed Salad or Spinach Salad* \$10.95
- #9 **TUNA SALAD** *over Tossed Salad* \$10.95
- #10 **HOUSE SALAD** *(Choice of Dressing)* \$7.95
- #11 **CAPRESE SALAD** *Tossed Salad with Roasted Peppers, Fresh Mozzarella, Green Olives & Balsamic* \$9.95
- #12 **MEDITERRANEAN SALAD** *Mesclun Greens with Roasted Peppers, Sundried Tomatoes, Grilled Portobello, Fresh Mozzarella, Mediterranean Olives & Balsamic*\$11.95
- #13 **CHICKEN MANGO SALAD** *Grilled Chicken with Fresh Mangoes, Romaine & Green Leaf Lettuce, Grape Tomatoes, Dried Cranberries, Red Onion & Balsamic*.....\$11.95
- #14 **TEX MEX SALAD** *Grilled Chicken, Romaine & Green Leaf Lettuce, Black Beans, Corn, Grape Tomatoes, Tortilla Chips & Golden Italian Dressing* ..\$11.95
- #15 **SUMMER SALAD** *Mixed Greens, Sliced Almonds, Coconut Flakes, Fresh Mangoes, Strawberries, Blueberries, with Raspberry Dressing*\$11.95
- #16 **VEGGIE LOVERS SALAD** *Green Leaf, Romaine, Broccoli, Chick Peas, Roasted Beets, Grape Tomatoes, Scallions, Roasted Corn, Red Peppers & Balsamic*\$10.95
- #17 **VEGGIE ANTIPASTO SALAD** *Green Leaf, Romaine, Grape Tomatoes, Chick Peas, Fresh Mozzarella, Black Olives, Kirbies & Balsamic*\$10.95

Add Grilled Chicken + \$3.00 Avocado + \$2.00

 SALAD “YOUR WAY”

LETTUCE \$6.00

Baby Field Greens • Iceberg • Romaine Heart • Boston • Baby Spinach

\$3.00 each

Grilled Chicken, Chicken Cutlet, Sesame Chicken, Tuna Salad, Chicken Salad, Cranberry Chicken Salad, Grilled Portobello

6 Pcs. Grilled Shrimp: **\$4.95**

\$2.00 each

Bacon, Crumbled Blue, Gorgonzola, Feta, Goat Cheese, Haas Avocado, Fresh Mozzarella

\$1.50 each

Sundried Tomatoes, Roasted Peppers, Kalamata Olives, Hard Boiled Eggs, Grilled Pineapple

Choice of 2 for \$1.50

Dry Cranberries, Raisins, Honey Peanuts, Walnuts, Pecans, Kirbies, Cucumbers, Red Onions, Chopped Tomatoes, Grape Tomatoes, Chick Peas, Black Olives, Stuffed Green Olives, Shaved Parmigiana, Cheddar Cheese

DRESSINGS

Oil & Vinegar, 1000 Island, Creamy Italian, Rasperry Vinaigrette, Balsamic Vinegar, Blue Cheese, Caesar, Honey Dijon, Ginger Mandarin, Olive Oil, French, Russian, Ranch

Have Yours Chopped + \$1

 SANDWICHES

Roast Beef.....	\$10.00	Egg Salad	\$7.50
Ham (All Types).....	\$9.00	Bologna	\$7.50
Prosciutto	\$10.00	Liverwurst.....	\$7.50
Soppressata (S or H)	\$10.00	Chicken Breast	\$9.00
Cappicola (S or H)	\$10.00	Pastrami	\$10.00
Mortadella	\$9.00	Corned Beef	\$10.00
Salami.....	\$9.00	Pepperoni	\$9.00
Turkey (All Types).....	\$9.00	Cheese	\$6.50
Fresh Carved Turkey	\$10.00	Shrimp Salad.....	\$10.00
Tuna Salad.....	\$9.00	Chicken Salad	\$9.00
Crab Meat Salad	\$10.00	Cranberry Chicken	\$9.00
Eggplant	\$8.00	Fresh Mozzarella	\$7.50

 HOT SANDWICHES

Eggplant Parmigiana	\$10.00	Corned Beef Reuben.....	\$11.50
Grilled Chicken Cutlet	\$10.00	Chicken Cutlet.....	\$10.00
Chicken Cutlet Parmigiana.....	\$11.00	Meatball Parmigiana.....	\$11.00
Pastrami Reuben.....	\$11.50	Grilled Cheese	\$8.00
BLT	\$8.00	Beef Brisket.....	\$11.95

Your choice of:

Kaiser, Club, Whole Wheat, White, Rye or Wrap • Hero + \$2.00

Lettuce + .50, Tomato + .50, Onion + .50, Cheese + 1.00, Pickles + .50, Hot Peppers + .50,

Roasted Peppers, Fried Eggplant, Sundried Tomatoes, Peppadew Peppers + \$1.50, Fresh Mozzarella, Avocado, Bacon + \$2

 SANDWICH SPECIALS

- #20 **MOGOMBO!** *Honey Maple Turkey & Sweet Munchee with Romaine Lettuce, Red Onions & Mayo on Whole Wheat* \$10.95
- #21 **BAY TERRACE** *Roasted Turkey Breast with Alpine Lace Swiss, Lettuce, Tomatoes & Honey Mustard on Whole Wheat*..... \$10.95
- #22 **THE SPRINGFIELD** *Grilled Chicken with Lettuce, Tomatoes & Mustard on Whole Wheat*..... \$10.95
- #23 **PASQUALE’S DELIGHT** *Prosciutto, Fresh Roasted Peppers and Fresh Mozzarella with Oil & Vinegar on a Hero*..... \$13.95
- #24 **CORPORAL KENNEDY** *Grilled Portobello Mushrooms & Fresh Mozzarella with Roasted Peppers & Sundried Tomatoes on a Hero* \$13.95
- #25 **THE BOULEVARD** *Bell & Evans Breaded Chicken Cutlets with Fresh Mozzarella, Sundried Tomatoes & Balsamic Vinegar on a Hero* \$13.95
- #26 **FORT TOTTEN** *Hot Pastrami & Melted Muenster Cheese with Sliced Pickles & Mustard on a Roll* \$11.95
- #27 **THE AMALFI** *Grilled Chicken w/Broccoli Rabe & Sliced Hot Cherry Peppers on a Hero*..... \$13.95
- #28 **THE AMERICAN** *Roast Beef, Ham, Turkey, Swiss Cheese, American Cheese, Lettuce, Tomato, Mayo & Mustard* \$11.95
- #29 **THE ITALIAN** *Genoa Salami, Pepperoni, Ham Cappi, Mortadella, Provolone, Lettuce & Tomato, Oil & Vinegar* \$11.95

 SPECIALTY WRAPS

\$11.95 - \$12.95

(Your Choice of Plain, Whole Wheat, Sundried Tomato or Spinach)

“Want Yours Hot Pressed? Just Ask!”

- #40 **GRILLED CHICKEN** *with Feta Cheese, Lettuce, Tomato & Tzatziki Sauce*\$11.95
- #41 **GRILLED CHICKEN** *with Caesar Salad & Creamy Caesar Dressing*.....\$11.95
- #42 **GRILLED CHICKEN** *with Broccoli Rabe & Peppadew OR Roasted Peppers*\$12.95
- #43 **GRILLED CHICKEN** *with Spinach & Sundried Tomatoes*.....\$11.95
- #44 **GRILLED CHICKEN** *with Grilled Vegetables & Balsamic Vinegar*.....\$11.95
- #45 **GRILLED CHICKEN** *with Avocado, Romaine Lettuce & Tomatoes*\$11.95
- #46 **GRILLED CHICKEN** *with Spinach, Avocado & Cherry Tomatoes*.....\$12.95
- #47 **CHICKEN TEMPURA** *with Baby Field Greens, Pepperjack Cheese & General Tso’s Sauce*\$11.95
- #48 **CRANBERRY CHICKEN SALAD** *with Boston Lettuce*\$11.95
- #49 **CHICKEN CUTLET** *with Fresh Mozzarella, Roasted Peppers & Balsamic Vinegar*...\$12.95
- #50 **ROASTED TURKEY** *with Bacon, Lettuce, Tomato & Spicy Mayo*\$11.95
- #51 **ROASTED TURKEY** *with Homemade Coleslaw, Bacon & Thousand Island Dressing* ...\$11.95
- #52 **AMERICAN STYLE**.....\$11.95
- #53 **ITALIAN STYLE**\$11.95
- #54 **GRILLED VEGETABLES** *with or without Fresh Mozzarella & Balsamic Vinegar* \$11.95
- #55 **PROSCIUTTO** *with Fresh Mozzarella, Roasted Peppers & Balsamic Vinegar*.....\$12.95
- #56 **GRILLED LONDON BROIL TERIYAKI** *with Fresh Mozzarella & Romaine Lettuce* ...\$12.95
- #57 **FRESH MOZZARELLA** *with Tomatoes, Fresh Basil & Balsamic Vinegar*\$11.95
- #58 **GRILLED PORTOBELLO** *with Fresh Mozzarella, Roasted Peppers & Balsamic Vinegar*.....\$12.95
- #59 **THE EGGPLANT** *Breaded Eggplant with Roasted Peppers, Provolone & Pesto Sauce*\$11.95

 PANINI

\$11.95

“Want Yours Your Way? Just Ask!”

- #80 **BLAZING BUFFALO CHICKEN** *with Bacon, Tomato & Blue Cheese*
- #81 **SOUTHWESTERN TURKEY** *with Bacon, Lettuce, Tomato & Pepper Jack Cheese w/ Chipotle Dressing*
- #82 **MONTE CRISTO** *Turkey, Black Forest Ham, Melted Swiss, Tomatoes & Honey Mustard*
- #83 **CORNED BEEF RUEBEN** *with Sauerkraut, Swiss Cheese & Thousand Island Dressing*
- #84 **ROASTED SHELL STEAK** *with Red Onions, Melted Mozzarella & Horse Radish Sauce*
- #85 **CHICKEN CUTLET PARMIGIANA**
- #86 **EGGPLANT PARMIGIANA**
- #87 **PASTRAMI RUEBEN** *with Sauerkraut, Swiss Cheese & Thousand Island Dressing*
- #88 **CUBAN** *Roast Pork & Virginia Ham with Swiss & Mozzarella Cheese & Chipotle Dressing*
- #89 **PROSCIUTTO** *with Fresh Mozzarella & Roasted Peppers*
- #90 **FRESH MOZZARELLA** *with Tomatoes, Roasted Peppers, Fresh Basil & Pesto Sauce*
- #91 **GRILLED CHICKEN** *with Broccoli Rabe & Peppadew Peppers*
- #92 **PHILLY CHEESE STEAK** *Roast Beef, Mushrooms, Onions & Melted Mozzarella*
- #93 **CHICKEN CUTLET** *with Bacon, Cheddar Cheese & Spicy Mayo*
- #94 **ROASTED TURKEY** *with Muenster Cheese, Tomatoes & Honey Mustard*
- #95 **GRILLED VEGETABLES** *with Fresh Mozzarella*
- #96 **TUNA MELT** *with Cheddar, American or Swiss*
- #97 **CHICKEN CUTLET** *with Roasted Peppers & Fresh Mozzarella*
- #98 **BEEF BRISKET** *with Melted Mozzarella* \$13.95



*Have our Lunch Specials faxed to you Daily
Let us Cater your Next Event*