

LY LUNCH SPECIALS!

SOUPS

A Natural, Healthy and Hearty Meal

**Chicken, Minestrone, Pea, Lentil, Beef Barley,
Corn Chowder & Cream of Broccoli**

\$2.99 pt

Call For Today's Choices

SALADS

♥ Grilled Chicken On A Bed of Greens.....	\$6.95 ea
♥ Grilled Chicken with Arugula and Fresh Tomatoes.....	\$4.39 1/2 lb
♥ Grilled Chicken Caesar Salad.....	\$3.99 1/2 lb
♥ Grilled Chicken w/Fresh Broccoli or Spinach and Sundried Tomatoes.....	\$4.39 1/2 lb
♥ Grilled Chicken with Sesame Noodles.....	\$3.99 1/2 lb
Chicken Salad.....	\$3.99 1/2 lb
Garden Spinach Pasta Salad with Feta Cheese.....	\$3.49 1/2 lb
♥ Chicken Diet Salad (No Mayonnaise).....	\$4.39 1/2 lb
♥ Grilled Portabella Mushrooms On A Bed Of Greens.....	\$6.95 ea
♥ Veggie Tuna with Dijon Mustard.....	\$3.99 1/2 lb
♥ Fresh Spinach Salad with Sliced Mushrooms.....	\$3.49 1/2 lb
Grape Tomatoes w/Fresh Mozzarella.....	\$3.49 1/2 lb
♥ Fresh Tossed Salad (Dressing of Choice).....	\$2.89 1/2 lb
♥ Two Bean Salad Kidney and Chickpeas with Red Pepper and Scallions.....	\$2.99 1/2 lb
♥ Fresh String Beans with Sauteed Garlic.....	\$2.99 1/2 lb
Greek Salad with Gaeta Olives & Fresh Feta Cheese.....	\$3.49 1/2 lb
Fresh Mozzarella & Grape Tomatoes with Pasta and Basil.....	\$3.49 1/2 lb
♥ Italian Shrimp Salad w/Roasted Peppers and Black Olives.....	\$5.99 1/2 lb
♥ Fresh Beet Salad with Red Onions.....	\$2.49 1/2 lb
♥ Sauteed Fresh Mushrooms with Onions.....	\$3.99 1/2 lb
♥ Tri-Color Tortellini Salad.....	\$3.49 1/2 lb
Fresh Cucumber Salad.....	\$2.99 1/2 lb
Our Famous Tuna Salad.....	\$3.49 1/2 lb
Red Potato Salad with Eggs, Parsely and Onions.....	\$2.99 1/2 lb
♥ Lentils with Dijon Mustard & Sweet Onions.....	\$2.99 1/2 lb
Seafood Salad.....	\$3.99 1/2 lb
Jumbo Shrimp Salad.....	\$5.99 1/2 lb
Bacon, Lettuce and Tomato Salad.....	\$3.49 1/2 lb
Homemade Macaroni Salad w/Fresh Diced Red & Green Peppers.....	\$2.99 1/2lb
Egg Salad.....	\$2.99 1/2 lb
♥ Linguine Pomodoro w/ Arugula.....	\$3.29 1/2 lb
German Potato Salad (No Mayonaise).....	\$1.99 lb
...and Of Course Potato, Macaroni, & Coleslaw Salads.....	\$1.89 lb

FOCACCIA

*The Italians Call it "Poor Man's Bread". You ll Call It Fabulous! Hand Rolled
Pizza Dough with Crushed Tomatoes, Olive Oil & Oregano. Baked To Perfection
Everytime. No Cheese Means NO CHOLESTEROL. So Eat & Enjoy.*

Served Hot or Cold. Serves 1 or 2.....\$3.89 ea

D TO YOU DAILY