

# ASK ABOUT OUR DAILY

## OVER STUFFED WRAPS

Choose From Plain, Sundried Tomato, Spinach, Red Pepper, Whole Wheat & Garlic Pesto

Grilled Chicken with Arugula and Tomatoes.....	\$6.95
Grilled Chicken Caesar.....	\$6.95
Grilled Chicken with Spinach & Sundried Tomato.....	\$6.95
Turkey B.L.T.....	\$6.95
Grilled Portobello with Fresh Mozzarella & Roasted Peppers.....	\$7.50
Breaded Chicken Cutlet with Fresh Mozzarella, Roasted Peppers & Balsamic Vinegar.....	\$6.95
Fresh Mozzarella with Roasted Peppers, Fresh Hass Avocado Balsamic Vinegar.....	\$6.95

And Any Combination of Cold Cuts, Cheeses or Homemade Salads

Add Fresh Hass Avocado, Prosciutto, Sundried Tomatoes, Roasted Peppers..... \$1.00 ea

## CHICKEN

All Dishes Made In Our Kitchen Using Murray's All Natural Chickens

♥Grilled Chicken Cutlets.....	\$8.99 lb
Honey Dijon Chicken Fingers.....	\$4.39 <sup>1</sup> / <sub>2</sub> lb
Breaded Chicked Cutlets.....	\$8.99 lb
Italian Chicken Fingers.....	\$6.99 lb
Chicken Nuggets.....	\$8.99 lb
Whole Barbecue Chicken.....	\$2.99 lb
Hot & Spicy Buffalo Wings.....	\$5.99 lb

...Also See Our Salads For Other Chicken Dishes

## PASTA

Ziti w/Chicken Parmigiana.....	\$6.99 ea	Ravioli (9).....	\$5.99 ea
Lasagna.....	\$3.89 <sup>1</sup> / <sub>2</sub> lb	Stuffed Shells.....	\$5.99 ea
Spinach Lasagna.....	\$3.89 <sup>1</sup> / <sub>2</sub> lb	Macaroni & Cheese.....	\$3.29 <sup>1</sup> / <sub>2</sub> lb
Ziti With Meatballs.....	\$5.99 ea		

## SPECIALTIES

♥Grilled Portabella.....	\$5.89 <sup>1</sup> / <sub>2</sub> lb
Grilled Portabella Mushrooms with Fresh Mozzarella, Roasted Peppers, Basil & Balsamic Vinegar.....	\$5.99 <sup>1</sup> / <sub>2</sub> lb
♥Vegetable Pita with Sauteed Zucchini, Mushrooms, Onions Tomatoes, & Lite Mozzarella.....	\$3.99 ea
♥Fresh Peppers Stuffed w/Rice & Vegetables, & Covered w/Marinara Sauce.....	\$3.89 ea
Eggplant Parmigiana.....	\$3.89 <sup>1</sup> / <sub>2</sub> lb
Eggplant Rollatini Rolled Eggplant Slices Stuffed with Ricotta Mozzarella, & Marinara Sauce.....	\$3.89 <sup>1</sup> / <sub>2</sub> lb
Jumbo Rice Balls (Meatless).....	\$2.99 ea
Spinach Pastry with Feta Cheese.....	\$2.99 ea
Potato Croquettes Chopped Potatoes, Onions & Parsley Rolled Together Then Fried.....	\$2.49 ea
Barbequed Pork Ribs.....	\$5.99 lb
Asparagus Pie Mom's Specialty! Fresh Asparagus Chopped & Mixed with Parsley, Cheddar & Parmigiana Cheese. Baked To Perfection.....	\$3.29 <sup>1</sup> / <sub>2</sub> lb
Knishes Knish Nosh Famous Baked Potato, Broccoli & Spinach Knishes. Coney Island Style.....	\$1.49 ea
Quiches Delicious, Natural & Homemade. Dripping with flavor! All Cheese with Ham, Broccoli, Spinach or Mushrooms.....	\$4.89 ea
Maryland Style Crab Cakes Crab Surimi with Celery, Scallions, Breadcrumbs, Onions, Garlic, Salt and Pepper.....	\$3.89 <sup>1</sup> / <sub>2</sub> lb

♥ Low Fat, Low Cholesterol